



**LEICESTERSHIRE KIDNEY PATIENTS' ASSOCIATION  
NEWSLETTER – AUGUST 2012**

**Leicester General Hospital, Gwendolen Road, Leicester LE5 4PW  
www.lkpa.org.uk Charity No 505795**

**Chairperson's Remarks**

I apologise for the delay in publishing this Newsletter but you will read what a busy events programme we have had and are planning. In addition some of the committee members have had health issues, myself included – having a broken arm in plaster and the other wrist in a splint (following a fall in one of the LGH car parks after a Patient Information Day) has many disadvantages but has caused much amusement to others!

Important items in this newsletter to highlight are our events programme, especially the forthcoming AGM (see below), and changes to personnel.

Carla Smith has ceased managing the LKPA website but will continue with our Facebook messages. We thank her greatly for her work in establishing the LKPA website and for her on-going support, most recently at Olympic torch events. Nigel Allured will be taking over website management.

Welcome to other new committee members – see the back page. All members barring Beverly King are happy to stand for re-election at the forthcoming AGM on October 7<sup>th</sup> – please come to meet them there.

Margaret Ince  
August 21<sup>st</sup> 2012

**LEICESTERSHIRE KIDNEY PATIENTS' ASSOCIATION AGM**

The Committee of Leicestershire Kidney Patients' Association committee cordially invite you to attend the LKPA Annual General Meeting (AGM)

Date : Sunday 7<sup>th</sup> October 2012

Venue : Education Centre, Leicester General Hospital, Gwendolen Road, Leicester, LE5 4PW

Time: 12.00 – 16.00

The AGM will be followed by a Buffet Lunch and plenty of time for socialising and exchanging news and information. We will also provide some entertainment.

Your participation is vital to enable the LKPA to formulate a programme for the year that includes events and activities that you would wish to support.

To assist with planning and catering please respond by September 24<sup>th</sup>,

**either** by email/telephone **or** by returning the completed the slip below to:

Ann Carter (the LKPA Secretary) lkpasecretary@yahoo.co.uk or 07702703882 or c/o LGH

**LKPA AGM October 7<sup>th</sup> 2012 – Reply Slip**

Name:	
Address:	
Email/Tel. No.	
I/We am/are able to attend the LKPA AGM (give number)	Yes/No
I wish to stand for election to the LKPA Committee	Yes/No
I support the election of all current committee members who are standing for re-election	Yes/No
I do not support re-election of the following member(s):	



REPORTS OF PAST EVENTS AND FUNDS RAISED

**2<sup>nd</sup> June: Queen’s Jubilee: Street Party, Markfield Community Centre**

On a very wet but still glorious day the LKPA participated in the Queen’s Diamond Jubilee Celebrations by having an information stand and fund raising activities - in addition to providing refreshments during the day and at the evening disco! The raffle of a ‘Diamond Jubilee Cake’, generously donated by Samantha Thomas, Mehndi (traditional Indian hand painting) children’s activities and, especially the catering, raised over £280.



**17<sup>th</sup> June: Kidney Care Appeal Sponsored Walk, Ratcliffe College**

LKPA Members provided valuable assistance in making this day a great success as it raised over £25000 for the KCA. Events, in addition to the walk, stalls included tombola, cakes/food, falconry, KCA merchandise and LKPA. Earlier in the week the LKPA helped to raise over £650 running the KCA raffle, which was drawn on the day. On the day the LKPA stall raised over £50

**24<sup>th</sup> June: ‘Exercise and Socialise’, Victoria Park, Leicester**

Approximately 10 participants turned up and walked round the park, some walking more than one lap. Thanks to the staff from the renal exercise team were in attendance. They recorded the ‘steps’ registered on pedometers that they had given to participants. The walk was followed by tea and chatter in the café.



LKPA stand, in ‘EAT’ at LGH  
10<sup>th</sup> August 2012



KPA and Radio Gwendolen stall at Evington Park,  
12<sup>th</sup> August 2012

**3<sup>rd</sup> July: Olympic event, ‘Eat’ Restaurant, LGH.**

The LKPA organised a special Olympic fund raising event at which raffled a magnificent OLYMPIC cake kindly donated by John and Wendy Lancaster. This was won by ‘Dawn’ who works in the LGH Laundry.

We also welcomed Carla Smith with her OLYMPIC torch (carried by her in the Torch relay the previous evening in Oadby). This attracted a large crowd in the restaurant to see the torch and have their photos taken.



**22<sup>nd</sup> July: ‘Exercise and Socialise’, Abbey Park, Leicester**

The turnout was disappointing – but they both really enjoyed themselves!

**30<sup>th</sup> July: Stand and Stall, Main Reception, LGH**

A fundraising event to support patient-centred events. It raised £24.00

**5<sup>th</sup> August: Aylestone Hall Garden Party**

The event – with stalls, a brass band and choir, was enjoyed by all for nearly 3 hours and then the sky turned black, visitors disappeared and stall holders tried to pack as much as possible before the monsoon rain (and hail) arrived. The LKPA members present think investment in a gazebo is essential! We raised £32.10.



### 10<sup>th</sup> August: Olympic closing event, 'Eat' Restaurant, LGH

To celebrate Team GB's success and the closing of the 2012 Olympics, Carla Smith came with her Olympic torch. Those attending were invited to make a donation to the LKPA for being photographed with the torch. The LKPA also launched their new range of goods bearing the LKPA logo (including cotton bags, ribbons, car stickers, trolley token key rings).

The amount raised over £ 50. Thanks to those involved and especially Carla for generously giving up and working so hard in her lunch break.



Carla with torch and staff from EAT

The spirit of 'Go Team GB'

Carla and Bharat

### 12<sup>th</sup> August: Evington Park

We included this event at short notice – thanks to the offer of sharing (taking most of) the Radio Gwendolen table. The Leicestershire Parks staff were, again, very supportive and provided an additional table. This enjoyable event experienced both good weather and helped to raise funds for the LKPA coach trip.

### FUTURE EVENTS – DATES FOR YOUR DIARY

#### 2<sup>nd</sup> September: Knighton Park Community Fun Day, Leicester

'A great family day out, this annual FREE event includes, music, entertainers, food and craft stalls'. The LKPA will be having an information stall plus lots of fund raising activities including 'Disc drop' game and children's lucky dip. It promises to be an exciting day out. All welcome from 11.00 - 5.00

#### 16<sup>th</sup> September: Coach Trip to Skegness

Renal patients are being treated to an exciting day at the seaside. The LKPA is paying travel costs for renal patients and accompanying supporting renal nurses whereas any family members, friends and other NHS staff travelling on the trip are paying a very reasonable £10. The coach is to leave at 8.00am from LGH (Car Park 1) and, after leaving Skegness at 4.00pm, to arrive back at LGH at about 7.00pm. Please note that, as the 49-seater coach is fully booked an additional 29-seater coach was booked to meet the high demand, there may be very few places available. For further details contact Ann Carter (the LKPA Secretary) 07702703882 or [lkpasecretary@yahoo.co.uk](mailto:lkpasecretary@yahoo.co.uk) or c/o LGH

#### 7<sup>th</sup> October: LKPA Annual AGM, Large Committee Room, LGH.

Please see page 1 for further details

#### 8<sup>th</sup> October: Ulverscroft Manor, The Shuttlewood-Clarke Foundation ([www.shuttlewood-clarke.org](http://www.shuttlewood-clarke.org))

A group of ~18 patients and carers will visit Ulverscroft for the day (morning and afternoon refreshments and lunch included). They can enjoy the gardens, walks and facilities, join in group activities and generally socialise. If successful, we hope to arrange other events here.

#### Various dates: Watch out for:-

Stands at LGH and Loughborough Hospital, The Christmas trolley 'runs' and a Christmas Social event.

LKPA Events are advertised at various locations in Leicester General Hospital Wards, Outpatients' clinics, Dialysis units at LGH, Hamilton and Loughborough as well as in the Newsletters and on our website (when reconstructed!).



### WILF PATTERSON (1934-2012)

It is with deep regret that we have to report that our former Committee Chairman, Wilf Patterson, passed away on Sunday, 22<sup>nd</sup> July. Our thoughts are with his widow Beryl and family. Wilf was born in Coventry in 1934 and started life as an apprentice ironmonger. Throughout his life, he spent time in a variety of occupations including nursing home management and various aspects of the building trade, where he demonstrated a flare for draughting plans for building modifications. He met and married his wife, Beryl and they had two children, Helen and Russell, who blessed them with 3 grandchildren. They had moved to Wolvey, a village on the Warwickshire side of the A5 (Watling Street) near to Hinckley. Wilf was involved with a number of medical charities, being one of that rare breed who are always ready to lend a hand wherever there was a need. Beryl has told us that he was prone to over-stretching himself with such commitments. He was a key member of his local community and was also an active member of the LKPA. Wilf became chairman, mid-year, when his predecessor felt it necessary to resign. Shortly afterwards, however, his state of health declined and he was unable to continue his duties fully and stood down at the 2011 AGM. He appeared to be recuperating and managed the sponsored run/walk at the recent 2012 fund raising event at Ratcliffe-on-the-Wreake. He was proud of being able to complete the circuit and to receive the medal for his effort. He also attended the LKPA's first 'Exercise and Socialise' meeting in Victoria Park in June 2012. Unfortunately, he relapsed shortly afterwards and was taken from us. He was cremated at Nuneaton Crematorium on Friday, 3<sup>rd</sup> August. The large number of mourners, some of whom travelled from distant parts of the country, was testament to the high regard in which he was held. He will be missed by many.

J. Lancaster, LKPA

### LKPA Website ([www.lkpa.org.uk](http://www.lkpa.org.uk))

Please note that the new website manager, Nigel Allured, is currently reconstructing the site: links to other sites where you can find a wealth of useful information and advice will be maintained. It is **YOUR** website so please send in articles, information and queries to share with other members.

### FaceBook

LKPA Members have the opportunity to join and make friends via Facebook. To join type **LKPA** and click on the kidney bear.

### LKPA Committee

All Committee members are volunteers, mostly renal patients themselves. We are always happy to welcome members who are interested in supporting and/or joining the committee.

### Members without port folio

<b>Chairperson</b>	Margaret Ince	lkpa_mi@yahoo.co.uk
<b>Secretary</b>	Ann Carter	lkpasecretary@yahoo.co.uk
<b>Treasurer</b>	Madhu Madhani	lkpatreasurer@yahoo.co.uk
<b>Newsletter</b>	Bharat Patel	kidneytrust24@yahoo.co.uk

Mohammad Anwar, Alan Cater,  
Edie Dewing, David Farnsworth,  
Beverly King, Naresh Lakhani,  
John Lancaster, Helen Noon,  
Avril Patel, Pravin Patel, Jayshree Pattni

### LKPA Postal Contact address

c/o Leicester General Hospital, Gwendolen Road,  
LEICESTER, LE5 4PW